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OLGA KURYLENKO JOINS TOM CRUISE IN OBLIVION, ONE OF AT LEAST THREE UPCOMING MOVIES ABOUT THE END OF THE WORLD AS HOLLYWOOD KNOWS IT

PAGE 8

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Sask. marathons re-evaluating their security

Reaction to Boston bombings. Organizers of province's largest races say finish line usually a symbol of accomplishment, not tragedy

MORGAN MODJESKI
Metro in Saskatoon

With the recent bombings at the Boston Marathon that killed three and injured more than 170, organizers of the province's largest marathons are re-examining their security policies.

"I think all race organizers, for races big and small across the country, are going to take a step back and think about what — if anything — can reasonably be done at their own races to keep our participants, our sponsors, our volunteers and our spectators secure," said Doug Russell, volunteer race director with the Saskatchewan Credit Unions Queen City Marathon.

He explained that as a result of the recent bombings, they'll be reexamining security measures at this year's race, scheduled for Sept. 8.

"We're going to be working and consulting with our partners, with the city, with the Wascana Centre Authority and the Regina city police, and just examine what can we do," said Russell.

Kim Ali, the race director with the Saskatchewan Marathon in Saskatoon, said they constantly review their safety policies and will be doing so right up until the 2013 event, scheduled for May 26.

"We continue to meet and gather new information right up until race day," said Ali. "So we'll continue to reevaluate what we do and look at it through different lenses."

Both Russell and Ali said although they were shocked and saddened by the recent Boston bombings, they're confident runners in each city will continue to pursue the sport.

Focus on vigilance

"Everyone will work hard to make sure the protocols that we follow are at the highest event standards for activities like this."

Kim Ali, race director with the Saskatchewan Marathon in Saskatoon

Boston bomb details emerge, page 4.

Boston firefighters, right, talk with FBI agents and a crime-scene photographer Tuesday at the scene of the Boston Marathon explosions. Monday's bombings have marathon organizers in Saskatchewan taking a close look at security measures for this year's races. CHARLES KRUPA/THE ASSOCIATED PRESS

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NEWS 1

Pieces coming together as Juno Award stages take shape

Not just one. The three stages — one main awards stage and one at each end for performances — will be erected by Wednesday night and tweaked on Thursday

ALYSSA MCDONALD
alyssa.mcdonald@metronews.ca

The Juno Awards celebrations are starting to take shape at Brandt Centre, as information on the big two-hour show begins to surface.

Lindsay Cox, the show's supervising producer, said Tuesday that all the pieces are coming together for the televised event, which is a collaboration of producers and the musical artists themselves.

Cox noted that all of the artists have input for their live performances, including background video and lights to suit their styles. Junos host Michael Bublé has also had a heavy hand in planning his script and opening number.

"He knew what he wanted to do to open the show … he just fired off amazing ideas," Cox said while crews worked throughout the arena. "You expect Michael to come out and just start singing, and Michael can do so much more than that."

The three stages — one main awards stage and one at each end for performances — will be erected by Wednesday night and tweaked on Thursday.

Juno performers will be there on Friday and Saturday for sound checks.

Technical producer Karel Noordover said the show's set-up is complicated because of its mix of lights, sound, staging and video — all of which work together for a great live spectacle.

"There will be a little bit of a flash bang thing going on … but I don't want to spoil it," said Noordover.

Crews have also installed bleachers at Brandt Centre, to add about 600 tickets available for fans.

"Ticket sales have been great … we are planning for a sell-out," said Melanie Berry, CEO of the Juno Awards and the Canadian Academy of Recording Arts and Sciences.

Crews arrived on Saturday night and continue to set up stages at Brandt Centre for the Juno Awards on Sunday night.
ALYSSA MCDONALD/METRO

Local businesses see dollar signs in Junos

The Junos are here, and this is crazy — but if you're a local business, just call it payday.

Regina's business owners might just be tempted to sing Carly Rae Jepsen from their rooftops this week, as the Juno Awards bring a nice flow of outside cash into the city.

Take, for example, Wascana Flower Shoppe. It's putting together arrangements for everything from the Juno gala to hotel lobbies and private after-parties, all thanks to the national award show coming to town.

"Usually in a big city when there is an event like this, there will be five or six different flower shops that would do it," said Petra Janssen, owner of Wascana Flower Shoppe. "This is what the fun part of this industry is, when we get to do something on this scale."

Janssen said in her 33 years in Regina's floral industry, this is among her top five biggest orders.

"The gala is only about a third of everything we are doing for the Junos," said Janssen. "We have even had customers come in and ask for single flowers to present to their favourite performer on the red carpet."

But flower shops are not the only people getting the Juno business bump.

"In general I can say with a degree of comfort that the Junos have a significant impact on the restaurant sector wherever they are held," said Dwayne Marling, Manitoba and Saskatchewan vice-president for the Canadian Restaurant and Foodservices Association.

"I know that Regina restaurateurs are excited about having guests from across Canada both exposed to their food and having full and busy restaurants that week."

JEFF MACKEY/METRO

Raising awareness

A buzz worthy exhibit looks at bees in the province

An exhibit displaying high-resolution images of nine types of bees found in Saskatchewan is now on display at the University of Regina's Laboratory building. The close up shots show different types of bees including native Leaf Cutter and Cuckoo Bees.

The display exhibits the capabilities of the Royal Saskatchewan Museum's new digital imaging system as well as raises awareness of the work of Dr. Cory Sheffield, a research scientist and Curator of Invertebrate Zoology at the RSM.

METRO

On the web

For more local news go to metronews.ca

Funding

Yorkton Trades and Technology Centre gets $1 million from the province

The provincial government announced Tuesday it would be providing $1 million in design funding to Parkland Regional College for a new Trades and Technology Centre in Yorkton.

The college is currently conducting a fundraising campaign and hopes to raise at least $5 million from local partners toward the project. The city of Yorkton has contributed land valued at almost $3.5 million.

Yorkton MLA Greg Ottenbreit said he's pleased "that the future Trades and Technology Centre will be able to train more skilled workers closer to home in the Yorkton region." METRO

Revenues

ISC posts profit

Saskatchewan's Information Services Corporation (ISC) has posted a $21.2 million profit in 2012. The ISC went from a crown corporation to a publicly traded company last fall.

The company posted revenues of $77.3 million and will be returning a $19.1 million dividend to its shareholder, Crown Investment Corporation. METRO

Province hits the gas on driver education for aboriginal students

Mobility and opportunity. Training will expand into reserves and reach 2,600 students

ROSS ROMANIUK
ross.romaniuk@metronews.ca

Saskatchewan is removing stop signs standing between aboriginal teens and driver training, which is often needed to give them meaningful employment.

A day after a task force urged the province to invest in an expansion of driver education to more First Nations high schools, the Saskatchewan government said on Tuesday it's doing just that.

"It's extremely important," Education Minister Russ Marchuk said at the legislature. "A driver's licence provides access to job opportunities for all persons."

The move will add a $1.7-million cost to the approximately $6.5 million that Saskatchewan Government Insurance pays every year for driver training for some 13,000 students at provincial schools.

Norman Whitehawk, chief of Cote First Nation northeast of Yorkton, said the extension of the training to a further 2,600 young people at reserves only makes sense.

"It is going to make a difference in their lives," Whitehawk said. "This will help them. Maybe they'll get back to school, or it will help them find a job."

Only a few of Saskatchewan's First Nations pay privately for driver education at their reserve schools. As the joint task force on First Nations and Métis education and employment pointed out on Monday, the rest have watched their youth hit training and career roadblocks due to a lack of driver's licences and mobility.

SGI will continue to approach the federal government about a possible sharing of additional cost. "We haven't had a positive response, so we're going to move ahead without them," said Donna Harpauer, minister responsible for SGI.

Saskatchewan government cabinet ministers Donna Harpauer and Russ Marchuk said Tuesday that the province will expand driver education to First Nations reserve high schools. ROSS ROMANIUK/METRO.

New program encourages parents to save for school

Like her parents did for her, Kristin Anderson has already begun saving for an education for her two kids, including eight-month-old Lucas.
ALYSSA MCDONALD/METRO

A new campaign is targeting families with young children to start saving early for post-secondary schooling by matching contributions to education savings.

The Canadian Scholarship Trust Foundation (CST) says only two-thirds of Saskatchewan families — 83,000 children of approximately 250,000 — have a registered education savings plan (RESP).

"You have an 18-year window… (and) the later you start, the shorter that window becomes for your savings to grow," said Peter Lewis, vice-president of regulatory and corporate affairs with the CST.

According to the CST, when families have an education plan, their children are 50 per cent more likely to attend a post-secondary institution.

Through the Start Early Saskatchewan campaign, the provincial government will match 10 per cent of annual education contributions, up to $250 a year and $4,500 in a lifetime. The grants became available on April 4 under the Saskatchewan Advantage Grant for Education Savings.

ALYSSA MCDONALD/METRO

More incentives

- The federal government offers a similar program with a 20 per cent matching grant up to $7,200 in a lifetime. If parents combine grants, they can be eligible for up to $11,700.

Three dead

Identifying the victims

An eight-year-old boy and a 29-year-old woman have been identified as two of the three casualties of the bombing.

Martin Richard

Martin Richard, a Grade 3 student from the Boston suburb of Dorchester, was with his parents Bill and Denise, his younger sister Jane, a Grade 1 student, and older brother Henry. Jane lost a leg to the attack, Congressman Stephen Lynch told Torstar News Service. Denise suffered severe head injuries, he said.

Krystle Campbell

Police have closed off several city blocks around the Richard family home.

Also identified on Tuesday was Krystle Campbell, of Medford, Mass., who worked at a restaurant in nearby Arlington. She was at the marathon with her father and her best friend.

William Campbell said his daughter was a "very caring, very loving person and was daddy's little girl." He said her friend was seriously injured.

Boston University said in a statement that a graduate student was the third victim, but held the name pending permission from the family.

The Chinese Consulate in New York said a Chinese national was the third person killed and that another was injured. Official news agency Xinhua reported that relatives have requested that the deceased not be identified.

TORSTAR NEWS SERVICE/WITH FILES FROM THE ASSOCIATED PRESS

A family goes to leave flowers in front of the home of eight-year-old Martin Richard, who was killed in the attack. JARED WICKERHAM/GETTY IMAGES

Bombs likely made of pressure cookers: FBI

Boston Marathon. Such devices are often used abroad, and guides are available online

The bombs that ripped through the Boston Marathon crowd appear to have been fashioned out of ordinary pressure cookers, packed with shrapnel and then hidden in duffel bags, investigators said Tuesday.

Scores of victims remained in Boston hospitals, many with grievous injuries, a day after the twin explosions killed three people, wounded more than 170 and reawakened fears of terrorism in the U.S.

A nine-year-old girl and 10-year-old boy were among 17 victims listed in critical condition.

At a news conference, FBI agent Richard DesLauriers confirmed that investigators found pieces of black nylon from a bag or backpack and fragments of ball bearings and nails.

He said the range of suspects and motives was "wide open."

FBI agents searched an apartment in the Boston suburb of Revere. According to one law enforcement official, the tenant had been tackled as he ran from the scene of the explosions. But the man may simply have been fleeing from danger, said the official, who spoke on condition of anonymity.

Pressure-cooker explosives have been used in Afghanistan, India, Nepal and Pakistan, according to a 2010 report by the FBI and Homeland Security. One of the devices used in the May 2010 Times Square attempted bombing was a pressure cooker, the report said.

Such devices have been recommended for lone-wolf operatives by al-Qaida. But guides on the bombs are readily found online, and officials said Americans should not rush to link the attack to overseas terrorists.

Investigators said they have not yet determined what was used to set off the explosives.

THE ASSOCIATED PRESS

Horrific consequences

"It wasn't a hard decision to (amputate). ... We just completed the ugly job that the bomb did."

Dr. George Velmahos, chief of trauma surgery at Massachusetts General Hospital, where four leg amputations were performed.

International fears

Securing the London run

Officials expect over 500,000 to go. SANG TAN/THE ASSOCIATED PRESS

Security will be increased Sunday for the London Marathon, with police confirming that plans are "under review."

Senior government officials met with police and intelligence chiefs Tuesday to develop a strategy, working closely with the FBI and U.S. police.

It will be the latest in a string of major operations, including Margaret Thatcher's funeral on Wednesday, the Olympics, the Royal Wedding and the Jubilee.

KIERON MONKS/METRO WORLD NEWS IN LONDON

'Massive'. Quake in Pakistan and Iran kills dozens

An earthquake toppled homes on both sides of the Iran-Pakistan border Tuesday, killing dozens of people and causing skyscrapers to sway in Dubai.

It also forced Iranian officials — for the second time in less than a week — to assure the world that its main nuclear reactor wasn't damaged.

At least 34 people were killed in a single village in Pakistan, a military official said. Iran issued conflicting reports; its state-run Press TV called the quake 'massive' and cited 40 deaths before retracting that number. Other outlets mentioned no deaths.

The apparent backtracking in the Iranian reports could not be immediately explained, but authorities could be seeking to downplay casualties. The Tehran Geophysics Center said the quake measured at least magnitude 7.7, the strongest in more than 50 years.

Iran's nuclear chief Fereidoun Abbasi said there was no damage to the Bushehr reactor and invited UN inspectors to visit, twhe semiofficial ISNA news agency reported. Abbasi repeated the statement issued after last week's quake: the Bushehr reactor was built to withstand quakes up to magnitude 8.

On the Pakistani side, a military official said another 80 people were injured. Up to 1,000 mud homes were damaged, Pakistan Television added.

A Pakistani policeman, Azmatullah Regi, said nearly three dozen homes and shops collapsed in one village in the Mashkel area, which was the hardest hit by the quake. Rescue workers pulled the bodies of a couple and their three children, ages five to 15, from the rubble of one house, he said.

THE ASSOCIATED PRESS

Alleged G20 hooligan surrenders to Toronto police

Toronto police have charged a 27-year-old New York City man with 26 offences arising from the G20 Summit in Toronto in June 2010.

Investigators say Joel Saleem Bitar returned to Canada from the United States voluntarily and surrendered to police on Tuesday.

Bitar — who was wanted on a Canada-wide warrant for G20-related offences — is being held in custody pending a court appearance on Wednesday.

Police allege Bitar used a hammer to smash the windows of a police car while an officer was inside the vehicle and vandalized windows of numerous downtown banks and shops.

He's also alleged to have thrown a rock at a line of police officers and smashed the window of a police minivan, causing property damage totalling more than $400,000.

Bitar faces charges including 13 counts of mischief over $5,000, two counts of intimidation of a justice system participant by violence and five counts of mischief endangering life. THE CANADIAN PRESS

G20 calamity

Dozens of protesters — many wearing disguises — went on a rampage through downtown Toronto during the international summit.

- **Hauled in.** More than 1,100 people were taken into custody that weekend in one of the largest mass arrests in Canadian history.

May it please the court ... what on Earth do these words mean?

Street slang on the witness stand. Defence lawyers and police forced to resort to Urban Dictionary as they attempt to explain words that mystify in alleged teen pimping case

GRAHAM LANKTREE
Metro in Ottawa

Shawty, M.O.B., ballin' and racked up.

These were some of the street slang words defence lawyers sought to clarify in an Ottawa court Tuesday — with the aid of Urban Dictionary.

The court was hearing the case of three teenage girls accused of pimping out even younger kids through social media.

"There's nothing scientific about how words become defined on Urban Dictionary," said lawyer Trevor Brown, who is on the defence team for the three girls who were 15, 15 and 16 when they allegedly pimped out four girls and beat, stripped and photographed two others last year.

The teens cannot be named because of their age.

Brown said a definition for one word had been penned by user SirMonkeybutt10 and that generally users submit words and definitions to the dictionary that are then voted on.

"You can click on a word and see how many definitions there are," he said, attempting to show that tweets the girls allegedly sent out to organize meetings with johns or trumpet their exploits could have dual meanings.

Quoted

"The money comes first at all costs."

Det. Carolyn Botting, attempting to explain the term M.O.B.

And the term M.O.B.?

"The only way that I have ever seen it explained by youth is 'money over bitches,'" Det. Carolyn Botting said.

"It's only ever meant in prostitution investigations that the money is more important and the women can be discarded."

The two teen girls who are in custody sat listlessly, one leaning her head against her hands, as the testimony turned to how much data police were able to pull from an iPod Touch that belonged to one of them.

Amina Tyler was the talk of Tunisia after posting Facebook photos with the words "My body belongs to me" scrawled across her naked chest. She is now trying to leave the country. But she received support from FEMEN activists, seen here protesting at the Tunisian consulate in Milan on April 4. ANTONIO CALANNI/THE ASSOCIATED PRESS

Topless protest sparked 'horrible' virginity test

The woman who scandalized Tunisia by posting topless photos of herself as a form of feminist protest says she was drugged and given virginity tests by relatives.

"Two old women of my family checked to see if I was virgin or not. That was horrible and against my freedom," Amina Tyler says in a video.

"They took me to the kitchen and said take off my clothes and we will see if you are virgin."

Tyler added that her family is now searching for her.

She is now trying to leave the country, her former lawyer said Tuesday.

Quoted

"I will do a topless protest and then I will leave Tunisia."

Amina Tyler

Tyler, 19, shocked the Muslim nation when she posted Facebook photos with the words "My body belongs to me" scrawled across her naked chest.

She was later spirited away by her family after religious hardliners issued death threats against her.

In a video interview posted Monday on the Facebook site of the Ukrainian women's group FEMEN, the young woman described her ordeal and vowed one last demonstration before leaving.

"I don't want to leave Tunisia before I do a topless protest," Tyler said in a filmed Skype conversation with a member of FEMEN, a group that often uses nude protests in a fight for women's rights.

Bouchra Belhaj Hamida, Tyler's former lawyer, said Tyler had escaped from her family in a village outside the capital and was now staying with friends as she gathered the necessary documents to get to France.

THE ASSOCIATED PRESS

Newfoundland

Facebook 'threat' targets premier

The Newfoundland and Labrador government has reported to police online postings it says threatened the life of Premier Kathy Dunderdale.

The government also moved Tuesday to suspend NDP member Gerry Rogers who was added to the Facebook group on which the threats were made.

Rogers said she was added to the site without her consent, refused to apologize, and was led out of the legislature on a point of contempt. She was to return on Wednesday.

THE CANADIAN PRESS

Clear for takeoff. Feds rein in those peekaboo scanners at airports

The federal government is changing the software on the full-body scanners at airports so they no longer produce a complete outline of a traveller's body.

Transport Canada says the new technology will increase privacy while still ensuring security.

There now are 52 scanners installed at airports across the country.

They work by beaming low-level radio frequency energy over and around the passenger's body.

Instead of a silhouette of a person's physique, the new software will produce a stick figure on the scanner's screen and identify areas of the body where objects might be concealed under clothing.

Transport Canada says the scans can identify anomalies on a passenger, including metals and non-metals of all shapes and sizes; ceramic-type threats such as knives and sharp instruments; liquids and explosives.

Steven Fletcher, minister of state for transport, said: "This new software will ensure the continued safety and security of Canadian passengers, while respecting their privacy."

THE CANADIAN PRESS

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Available on Google Play

Facebook Home comes to Canada

Facebook users in Canada and around the world were able to download the new Facebook Home app via the Google Play store as of Tuesday, the company said.
THE ASSOCIATED PRESS

Bunnies denied

India says no to Playboy club

India's going to have to wait for its first Playboy bunnies.

After a month of heated debate, the government in the tourist hotspot of Goa refused permission to open the country's first Playboy club. THE ASSOCIATED PRESS

India refused permission for a Playboy club. THE ASSOCIATED PRESS FILE

StatsCan numbers

Job vacancies fall to record low

Statistics Canada said the total job vacancies for January, down by 22,000 from a year earlier, is the lowest since the agency began collecting data in March 2011.
THE CANADIAN PRESS

Up in smoke. Smoking in the home sharply reduces real estate value: Survey

Homeowners risk coughing up big bucks if they're also smokers, according to a survey of Ontario real estate agents and brokers.

The survey found that smoking in the home can reduce the value of the property on resale by up to 29 per cent.

The study was sponsored by Pfizer Canada, a pharmaceutical company whose products include a smoking cessation medication. It estimates a potential loss of up to $107,000 on a home in Ontario, where the average price is currently around $369,000.

The study found that an overwhelming majority of 401 real estate agents and brokers in the survey agreed that it is more difficult to sell a home where owners have smoked.

More than half of respondents — 56 per cent — said most buyers are less likely to purchase a home where people have smoked, and 27 per cent said most are unwilling to buy a home where people have smoked.

In Canada, an estimated 15 per cent of homes have at least one regular smoker.

The study found that almost half, or 44 per cent of respondents said smoking in the home affects resale value.
THE CANADIAN PRESS

A woman smokes a cigarette at her home. Homeowners risk coughing up big bucks if they're also smokers, according to a survey of Ontario real estate agents and brokers. DAVE MARTIN/THE CANADIAN PRESS FILE

Hit hard by climate change, Ethiopia decides to go green

Addis Ababa. Higher temperatures tough on the economy, so local government has devised a plan of defence

ELISABETH BRAW
Metro World News

"Climate change is not a secondary issue for us, it's the primary one!" exclaims Haileselassie Sebehatu Hailu, manager of Addis Ababa's Environmental Protection Agency, as we meet in one of the municipal offices.

Even though Addis is located at a high altitude, temperatures are rising. Indeed, Ethiopia, a desperately poor nation, is one of the countries worst affected by climate change.

"(Farmers) used to predict the weather by watching birds migrate and leaves change. Now people don't know when to plant, and they don't have other assets, so they can't buy food if their crops fail," reports Cathy Riley, Ethiopia Country Manager for Christian Aid.

To fight climate change doom the government has focused on getting Ethiopians to go green.

Collecting and reducing waste is seen as key, says Haileselassie (Ethiopians go by their first names).

The government is teaching farmers irrigation horticulture, which makes them less dependent on rain.

"Despite our small road coverage, we have a huge number of cars and buses, and they pollute", says Haileselassie. "So we're building a rapid bus and light-rail system, which will be finished in five years."

The government has tried to change Ethiopians' attitude towards climate change by having schoolchildren plant trees. Haileselassie invites me to plant my very own apple tree seedling, and we head out into Addis Ababa's maddening traffic. For the sake of the planet, one can only hope that his green plan succeeds.

Planting trees in Addis Ababa to save the rest of us: the impoverished city has turned itself into a climate change adaptation pioneer. GLYN RILEY/METRO WORLD NEWS

2080

The death of coffee beans

According to a new study by scientists at Britain's Royal Botanic Gardens, climate change means that by 2080 Ethiopian farmers may not be able to grow the country's famous Arabica bean. Coffee-growing countries in Central America stand to lose their coffee, too.

Saskatchewan Liquor and Gaming Authority – Proposed Liquor Permit Application

Under the provisions of *The Alcohol and Gaming Regulations Act, 1997*

Notice is hereby given that 101224810 Saskatchewan Ltd
(Name of applicant: individual/corporation, etc)

has applied to the Liquor and Gaming Authority for a Special Use – Limousine
(Tavern/Restaurant/Special Use/ Manufacturer)

Permit to sell alcohol in premises known as Mystique Limo
(Name of establishment)

at RR 1, Zehner, SK
(civic address ie street/town)

of which the following is a correct legal description:

2006 Ford Heavy Vehicle
VIN 1FDAF56P66EA71330

Written objections to the granting of the permit may be filed with SLGA not more than two weeks from the date of publication of this notice.

Every person filing a written objection with SLGA shall state their name, address and telephone number in printed form, as well as the grounds for the objection(s). Petitions must name a contact person, state grounds and be legible. Each signatory to the petition and the contact person must provide an address and telephone number. Frivolous, vexatious or competition-based objections within the beverage alcohol industry may not be considered, and may be rejected **by the Saskatchewan Liquor and Gaming Licensing Commission, who may refuse to hold a hearing.**

Write to:

Saskatchewan Liquor and Gaming Authority
Box 5054
Regina Sk S4P 3M3

Money for your gold?

A woman stands in front of a shop that buys and sells gold Tuesday in Berlin. Gold prices reached a two-year low this week and many gold mining companies are feeling a severe squeeze on profits. Gold stocks were still top of mind Tuesday among traders on the Toronto Stock Exchange, although mercifully most were in positive territory after severe losses the previous session. SEAN GALLUP/GETTY IMAGES

TAKING A CERTAIN JE NE SAIS QUOI

JUST SAYIN'

Paul Sullivan
metronews.ca

Have you ever "borrowed" anything from a hotel room?

A nice fluffy bathrobe? A copy of Where Saskatoon? A souvenir hanger from the Hanoi Hilton?

Be honest, now. A recent Hotels.com survey reveals that Canadians are among the most thieving hotel guests in the world, ranking 22nd of 29 on the honesty scale.

Kanadian kleptomaniacs are particularly partial to "magazines and books," while Americans, who are slightly less honest, can't help stuffing the spare towels and pillow slips into their luggage.

Of course, Scandinavians from Denmark and Norway are the most honest when they are on the road and no one is watching, ranking first and third respectively. Is there anything these people don't do better than us?

I'm not sure what this means, but travellers from Quebec are significantly more honest than the rest of Canadians, at least when it comes to leaving stuff in hotel rooms where it belongs. Vive le Québécois honnêtes!

But look, this is not as clear-cut as the survey would make it. Some thefts, such as brand new coffee makers and mugs, hair dryers, and (for shame) the Bible, are obvious high crimes, while some are misdemeanours.

You have to wonder about "magazines and books." Am I the only one who was under what now appears to be the mistaken impression that if it has a hard cover it stays in the room, but magazines were meant to go along on excursions, providing portable, up-to-date information about gallery openings and ptomaine-free restaurants?

Then there are the toiletries seductively arrayed on the bathroom counter: shampoo, conditioner, hand cream, body wash, and mouth wash. What's the etiquette honnête? Maybe Canadians, unlike those healthy, clear-thinking, progressive, (probably lying) Scandinavians, are just confused.

One easy way to deal with this is to imagine how you'd feel if your own house guests routinely walked off with the soap, the soap dish, and the toothpaste, not to mention the art work, clock radio, towels and washcloths and bathrobes, all items regularly pilfered from hotel rooms.

You'd be fâché, for sure.

It's just good policy to leave the goodies, no matter how irresistible, where you found them. And now it's for a good cause. Many hotels are participating in a program called Clean the World, which sends leftover toiletries to developing nations.

I can't believe I just typed that sentence. The Global South may go to bed hungry, but at least it will go to bed smelling good. And you, honest Canadian, you did that.

Anyway: mitts off, and we hope you enjoy your stay.

ZOOM

Impersonating a legend

AJIT SOLANKI/THE ASSOCIATED PRESS

Little Tramps mark Chaplin's birthday

Young supporters of the Charlie Circle, a Charlie Chaplin fan-club, participate in an annual parade to celebrate the birthday of Charlie Chaplin in Adipur, Gujarat state, India, Tuesday.

Canes in hand and bowler hats firmly in place, dozens of Chaplin impersonators tramped through the streets of this small port town to celebrate the legendary comic actor and filmmaker.

Chaplin has an odd resonance in this industrial town. Surrounded by salt flats bordering the Thar desert, Adipur's only claim to fame is the annual parade — now in its 40th year — to honour the silent era actor.

THE ASSOCIATED PRESS

Skipping work for Chaplin flicks costs fan his job

"I watched all three shows of the film that day. The next day I was sacked from my job for taking the day off without informing the office ... I lost my job, but I discovered Charlie Chaplin, and I've stayed his fan ever since."

Ashok Aswani, founder of Charlie Circle, a club that has been celebrating Chaplin's birthday since 1973, recalling that he was on his way to work when he saw a poster of Charlie Chaplin dressed as a tramp at the local movie hall.

He decided to skip work that day, which he was fired for, but has stayed a Chaplin fan ever since. "Every Chaplin film has a message for the common man. It's a message that has relevance even today."

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

While Vine remains a few features short of ubiquity, Twitter's six-second video app is still home to a nice assortment of artsy, funny and just plain weird auteurs. Follow these accounts on Twitter for the freshest goods from great users.

@yelldesign:
Ever wondered what a potato rainstorm would look like? Or if corn could grow from paper? Of course you haven't. But Matt Willis has, and he uses Vines to make such imagined food feats come to life.

@keelayjams:
Your one-stop shop for thoughtful explorations on how much fun can be had with parachuting pizza, ceiling fan selfies and cardboard cutouts of Sex and the City characters.

@jamesurbaniak:
You don't even have to wait for new material. The very funny actor-slash-Venture Brothers voice has a truckload of cleverly-crafted and hilarious skits to wade through.

Comments

RE: Global Warming: When It's Hot, We're Believers, But in the Cold We're Skeptics

"Anyone who believes that we aren't facing a climate crisis is either blind, ignorant, or doesn't care."

Another byproduct of our educational (indoctrination) system.

Wilbert Robichaud posted to metronews.ca

It seems to be more a trend of the planet. How many ice ages have there been? How many warming periods? Typically the people I see arguing about this are either ignorant on the subject, toting whatever Al Gore or that which other carbon interests have provided, as well as the scientists who may be endeavouring for career advancement, championed as saviours of our planet. It's completely reasonable to suggest that our activities are impacting the rate in which this occurs, but to say it's all us is crazy at best. The biggest issue faced is breathing quality and potential impact of pollutants in food and water. **Jerry Teeple posted to metronews.ca**

WE WANT TO HEAR FROM YOU:
Send us your comments: reginaletters@metronews.ca

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Tom Cruise stars in Oblivion, opening this weekend. HANDOUT

Hollywood's varied take on the end of the world

Movies. From serious to silly, an assortment of movies explore earth's final days

IN FOCUS
Richard Crouse
scene@metronews.ca

It seems 2013 is the year Hollywood took Stephen Hawking, the world's leading theoretical physicist, to heart. "The human race shouldn't have all its eggs in one basket, or on one planet," he says, suggesting that if we don't change our ways we "might end up like Venus, at 250 degrees centigrade and raining sulphuric acid."

No fewer than three upcoming movies portray the Earth meeting an untimely end.

After Earth sees Will and Jaden Smith star as a father and son who crash land on Earth after an alien war has left the planet dead and abandoned. A Seth Rogen comedy aptly titled This is the End sees a cast of young A-listers — like Jay Baruchel, James Franco, Paul Rudd and Emma Watson — at a Hollywood party when the world suddenly ends.

This weekend Tom Cruise brings us Oblivion, another story about a scorched Earth, which Cruise's character, a drone maintenance man, discovers the planet might not be completely abandoned.

It's the end of the world as we know it, at least according to Hawking and Hollywood, but it isn't the first time the world has ended, on screen anyway.

Coming a just half a dozen years after Hiroshima and Nagasaki, Five goes down in the almanac as the first sci-fi nuclear war film. It's set in a world destroyed by nuclear holocaust. The only five Americans to survive include a pregnant woman and her unborn baby, a neo-Nazi, an African-American man and a bank clerk. The story of subsistence and racial intolerance is an influential movie — Roger Corman and several others have borrowed the basic plot line — but its director, Arch Oboler, was a radio producer and the film is as visually interesting as you would guess a movie made by a sound engineer to be.

The Bed Sitting Room is a British take on Five, only with jokes instead of Oboler's earnest message. Starring Peter Cook and Dudley Moore, it's set in a post-nuclear-holocaust London following the Second World War. The war lasted only two minutes and 28 seconds before the bomb was dropped, leaving this strange group of survivors, including a civilian who is next in line for the throne, to explore their devastated city.

So far we've talked about serious and strange end of the world movies, but how about a silly one? That would be Savage Planet, an abandoned Earth movie that sees the planet taken over by giant killer space bears!

Boston's Wahlberg 'disgusted' over tragedy

Mark Wahlberg was in a sombre mood at the New York premiere of his new film, Pain and Gain — still grappling with the tragedy that struck his hometown in Boston.

Earlier Monday two bombs went off near the finish line at the Boston Marathon. Three people were killed and at least 140 were injured.

"I really didn't even want to come tonight. I hadn't really heard much — I spoke to my mom, and most of my family seems to be OK. It's such a big event, there's so many people there. It's horrible man. It's (expletive) disgusting, man. I just — I'm very upset," Wahlberg said Monday night.

"You try to put everything in God's hands and whatever happens here is out of our control and there's a bigger picture. But it's still obviously upsetting," the 41-year-old actor said on the red carpet before going into the premiere hosted by The Cinema Society.

New York rapper 50 Cent was a guest at the premiere and before going inside, he expressed his dismay. "Why is it even happening? But there's no explanation. We don't even know what happened (yet)," 50 Cent said.

Some 23,000 runners took part in the race, which attracts more than 500,000 spectators. THE ASSOCIATED PRESS

Mark Wahlberg

New Kids on the Block

Joey McIntyre OK after explosions

New Kids on the Block singer Joey McIntyre tweets that he's OK after two bombs exploded near the finish line of the Boston Marathon minutes after he completed the 26.2-mile run. The 40-year-old tweets Monday that "there was an explosion by the finish line about 5 minutes after I finished." THE ASSOCIATED PRESS

Osbourne: Admits to drugs, not to divorce

Ozzy Osbourne took to Facebook to clear the air about rumours that he and his wife, Sharon, are on the outs — and to make a completely different confession.

"For the last year and a half I have been drinking and taking drugs," Ozzy wrote. "I was in a very dark place and was an a—hole to the people I love most, my family. However, I am happy to say that I am now 44 days sober. Just to set the record straight, Sharon and I are not divorcing. I'm just trying to be a better person."

Twitter

@TheRock
Strength & prayers to those in Boston impacted by the cowardly attack. People of Boston are proud, tough & resilient. #StayStrong

@JimCarrey
My heart bleeds for those poor pple in Boston. It's just too much.

@ActuallyNPH
Sending all good thoughts to Boston, after the madness. Makes me so sad. So crazy to think that violence can happen so randomly.

@GarryShandling
You've got to be an idiot to do anything that makes the city of Boston mad at you

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Meet B. Coop's mother

THE WORD
Dorothy Robinson
scene@metronews.ca

Bradley Cooper has an interesting roommate — his mother. In the new issue of Details, he admits he's been living with his mother since his father died in 2011.

"Let's face it: It's probably not easy for her, by the way, to be living with her son," he admits. "It's life. And right now, two years after my father's death, this is where we are... But don't get me wrong. It's not without complications. It's not like I live in a compound and she's in the guesthouse. No. She's in the next room."

I used to share an apartment with a guy who was in the room over and I heard everything — and my roommate wasn't nearly as attractive as Bradley Cooper. Let's hope Mama Cooper is a little hard of hearing.

Amanda Seyfried

Amanda Seyfried misses her boobs

Not that there's anything wrong with them now, but Les Miserables star Amanda Seyfried says her breasts used to be bigger — and she laments not appreciating her ample bosom more when she was younger. "I saw a picture of them a couple of days ago from when I was 19, and my boobs were way bigger. They were a D, and now they're a small C because I lost weight," she tells Allure magazine. "There was something so beautiful about the size of them. When I look back, I'm like, 'Why did I always give myself such a hard time?' Nobody gave me s— about it except me." But Seyfried admits that even at their current size, her breasts can be a problem. "They do get in the way a lot," she says. "Like I wear a really small, tight sports bra when I go running … because they want to smack my chin."

Jackie Robinson's Brooklyn

Historic tour. With the movie 42 in theatres, now is the time to traipse the legendary steps of the man who integrated baseball

With the movie 42 bringing the Jackie Robinson story to a new generation, fans young and old may be inspired to visit some of the places in Brooklyn connected to the African-American athlete who integrated Major League Baseball when he joined the Brooklyn Dodgers in 1947.

In Coney Island, a statue portrays Robinson and Pee Wee Reese, the white Dodger who stood by him in the face of racist taunts. At the cemetery on the border of Brooklyn and Queens where Robinson is buried, admirers still leave baseballs and other mementos. And for fans who enjoy irony — or who remain bitter about the Dodgers' departure to Los Angeles in 1957 — there's a "No Ball Playing" sign at the housing complex where the Dodgers' storied stadium, Ebbets Field, once stood.

Joseph Dorinson, author of Jackie Robinson: Race, Sports and the American Dream, says it's no accident that the colour barrier was broken by a Brooklyn team. "Jackie made it in Brooklyn, and no other place, because of the multicultural and ethnic diversity here," he said.

Here's a guide to exploring Jackie Robinson's Brooklyn.

Statue

The life-size statue in Coney Island shows Robinson and Reese arm in arm. It's inscribed with the story of how Reese, captain of the Dodgers, "stood by Jackie Robinson against prejudiced fans and fellow players ... silencing the taunts of the crowd" during a game in Cincinnati. The statue is located outside MCU Park, where the minor league Cyclones team plays, at Surf Avenue and West 17th Street, near the last stop on the D, F, N or Q train to Coney Island.

Home and church

Robinson lived in several places in Brooklyn before moving to Queens and later Connecticut with his wife and children. On a tidy block in East Flatbush, a two-story brick house at 5224 Tilden Ave. with a rusting fence and peeling paint bears a plaque that states: "The first African-American major league baseball player lived here from 1947 to 1949." There is an effort to landmark the house.

Robinson and his wife Rachel also lived for a time at 526 MacDonough St. in Bedford-Stuyvesant. Although much of the movie was filmed in the South, some scenes were shot on MacDonough because the filmmakers wanted to show the building's distinctive front stoop, a common feature of Brooklyn homes. The production company used the Nazarene Congregational Church at 506 MacDonough St. for storage and wardrobe while filming, according to Nazarene's pastor, the Rev. Conrad Tillard.

When Robinson first arrived in New York, he lived for a time with Nazarene's then-assistant pastor, the Rev. Lacy Covington and his wife Florence. "Church and faith were central to Jackie Robinson's success," said Tony Carnes, who publishes an online magazine called A Journey Through NYC Religions.

Nazarene was considered a "mink coat church" at the time, Tillard said, with an educated, affluent African-American congregation. Robinson later came back to the church to "make an impassioned speech about the dangers of drugs," Tillard said. Robinson's son, Jack, who'd served in the Vietnam War, was a heroin addict.

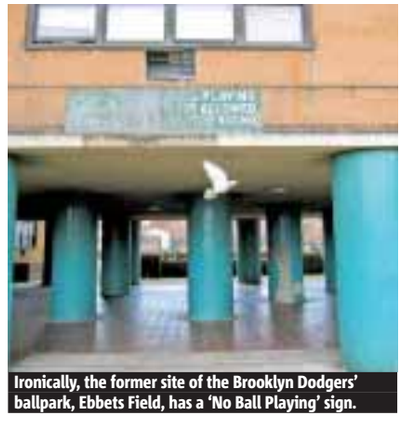
THE ASSOCIATED PRESS

Gravesite

Robinson died in 1972, just a year after his son died in a car accident. They are buried, along with the Covingtons and Robinson's mother-in-law, in Cypress Hills Cemetery. "A life is not important except in the impact it has on other lives," reads the inscription on Robinson's tombstone. Mementos left by fans at the grave include a bat and baseballs, with one ball bearing a handwritten note thanking Robinson "for being an inspiration, strong and courageous."

A statue of Pee Wee Reese and Jackie Robinson at MCU Park in Brooklyn. PHOTOS: THE ASSOCIATED PRESS

Jackie Robinson was close to the church's assistant pastor, the Rev. Lacy Covington of the Nazarene Congregational Church.



Ironically, the former site of the Brooklyn Dodgers' ballpark, Ebbets Field, has a 'No Ball Playing' sign.

Custard and pancake textures meet in refreshing berry-studded dessert

This pretty berry-studded dessert is a delicious cross between a custard and a pancake.

It makes a great entertaining option because you can pop it in the oven to bake while the main course is being served.

It also gets top marks as an arthritis fighter: it's low in saturated fat for a dessert, and includes raspberries, which are a great source of fibre, are high in antioxidants and have a low glycemic index

Ingredients

- 2 cups (500 ml) unsweetened frozen raspberries
- 1 1/2 cups (375 ml) liquid egg substitute
- 1 1/4 cups (300 ml) 2% milk
- 1 cup (250 ml) all-purpose flour
- 3/4 cup (175 ml) granulated sugar
- 3 tbsp (45 ml) melted non-hydrogenated margarine
- 1 tbsp (15 ml) vanilla extract
- 1/2 tsp (2 ml) salt
- Icing sugar (optional)
- Low fat vanilla yogurt (optional)

1. Preheat oven to 350 F (180 C).

2. Scatter raspberries in a greased, 11-inch (28 cm) shallow baking dish with fluted edges.

3. Combine eggs, milk, flour, sugar, margarine, vanilla and salt in a blender. Blend, on medium speed, scraping the pitcher once, for 30 seconds or until smooth. (Or, combine all ingredients in a bowl and whisk until smooth.)

4. Pour batter evenly over the raspberries. Bake for 40 minutes or until set.

5. Dust with icing sugar. Slice into wedges and serve warm with a dollop of yogurt.

NEWSCANADA.COM/ ARTHRITIS.CA

Raspberry Clafoutis

This recipe serves 12. NEWS CANADA

Drink of the Week

Cherry Blossom

- .5 oz Luksusowa Cherry
- .5 tsp vanilla syrup*
- Top up champagne
- Garnish: vanilla stick

Shake Luksusowa cherry and vanilla syrup in shaker with ice. Double strain into a chilled champagne flute. Top with cold champagne, garnish and serve.

***Vanilla Syrup**

- 1 cup sugar
- 1 cup water
- 1 tsp vanilla extract

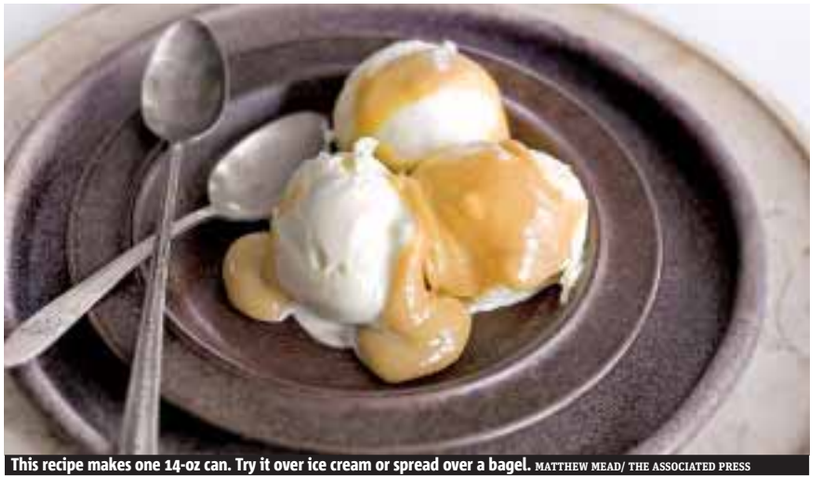
In saucepan, bring sugar and water to boil. Reduce heat and simmer until syrupy, about five minutes. Add vanilla extract. Pour into jar and refrigerate for up to 2 weeks. RECIPE COURTESY OF MACIEK STAROSOLSKI, GLOBAL BRAND AMBASSADOR, LUKSUSOWA VODKA/ PHOTO COURTESY OF YBIMC

Pressure makes diamonds — or sweet Dulce de Leche

1. Set a metal steamer basket in the bottom of a large pressure cooker. Fill the pressure cooker with water up to its max fill line.

2. Remove the label from the can of sweetened condensed milk. Set the can on its side in the water on top of the steamer basket. The can must be completely submerged and not be in contact with the sides or bottom of the cooker (the steamer basket should prevent this).

3. Clamp on the pressure cooker's lid according to manufacturer's directions. Bring up to pressure over medium-high heat. Once the cooker has reached pressure, reduce heat to just maintain pressure. Most pressure cookers will hiss lightly at this stage, but refer to your model's directions. Cook for 20 minutes.



This recipe makes one 14-oz can. Try it over ice cream or spread over a bagel. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 14-ounce can sweetened condensed milk

4. Transfer the entire pressure cooker to the sink and turn on cold water to run over it and cool the cooker. After 5 minutes, the pressure should be released and the cooker should be cool enough to open. If the cooker resists opening, this means the pressure is still too high inside to open. Continue running cold water over it.

5. Use tongs to remove the can from the water. You can either let it stand at room temperature and cool on its own or, for faster cooling, continue running just the can under cool water for another 5 to 10 minutes. Either way, the unopened can should be stored at room temperature as you would any canned good. Once opened, refrigerate for up to a week.

THE ASSOCIATED PRESS

Snack. Almond Cherry Bars

1. Preheat oven to 350 F. Lightly grease rimmed baking sheet with cooking spray and line with parchment paper, leaving excess paper.

2. Combine all ingredients in bowl and spread into pan. Press firmly. Bake 10 minutes. Pull on parchment paper to remove from pan and cut into 24 bars while still warm.

ALMONDBOARD.COM/NEWSCANADA.COM

Ingredients

- Cooking spray
- 3 cups (750 ml) granola
- 1 cup (250 ml) wheat germ
- 1 1/2 cups (350 ml) almond butter
- 1 tsp (5 ml) vanilla extract
- 1/3 cup (75 ml) whole-wheat flour
- 3/4 cup (180 ml) honey
- 1 cup (250 ml) dried cherries
- 1 cup (250 ml) slivered almonds

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RUMEET BILLAN
TalentEgg.ca

Does a leader lie in you? Do your research and reel in the magnetism. ISTOCK

Much of my educational background focuses on the study of leadership and it is a course that I teach in the Department of Liberal Studies at Humber College in Toronto.

As an elective, students sign up for various reasons; some say they want to become better leaders and some just didn't want to take the elective on vampires that was offered instead. Regardless of intention, they are there and we have the opportunity to explore different concepts related to leadership.

On the first day of the course, I explain to my students that I can't teach them "leadership" — it's not something that is taught. However, it is something that can be learned. My role is to facilitate an environment where they can take the leadership concepts that we discuss and apply them to their context, regardless of their industry or the program that they are enrolled in.

We have a discussion about who we identify as leaders, and in each class that I have taught the leaders that are mentioned are positional, political and celebrities.

Through personal and professional development, my goal over the course is for my students to view themselves as leaders and consider the impact that they have and can have. This can occur both inside and outside the classroom through:

- Reading books about leadership
- Having discussions about current events that may be impacting the world or even a piece of your own world
- Watching TED talks, reading biographies and viewing documentaries
- Creating your own story on how you want to make an impact.

Whether it is formally or informally, lifelong learning suggests that we all continue to be shaped by those who are around us and perhaps the most influential is learning from our personal experiences by making meaning out of them.

Consider your paradigms and what experiences have influenced the way that you perceive our world. Take courses outside of your program and industry to experience new processes that can then be used and applied within your own field.

Whether you are in school or have just graduated, electives, week-long intensive courses and workshops can allow you to do so. Approaching situations with an interdisciplinary point of view will not only enrich your contributions, but also your own perspective. It's up to you as to which experiences and situations you'll choose to engage in.

Evolution of ideas

The 'big cheese' change

A teaching moment that I look forward to each semester is at the end of the course when my students are asked to reflect on their experience and say, "I used to think that only people who were in high-level positions were leaders, but now I know that anyone can be a leader."

It is in this moment that I am reminded of the power of experiences and hope that they carry this with them throughout their personal lives and professional careers.

RUMEET BILLAN IS AN EDUCATOR AND PHD CANDIDATE AT THE UNIVERSITY OF TORONTO AND THE PRESIDENT OF JOBSINEDUCATION.COM.

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Student Voice

The law of looking within

Ana Parfenova
Fourth-year student
Political Science and English
University of British Columbia
TalentEgg.ca

Ana Parfenova PROVIDED

I've noticed that a lot of young people in university struggle with finding their right path in life. After all, there are so many doors that you can go through, so many careers and internships out there to try and pursue, and so many different paths that you can take on this exciting journey of young adulthood.

A year ago, due to a few unexpected, major life changes, I found myself in a strange and vulnerable position — for the first time in my life, I had absolutely no idea what I wanted to do after graduation.

My plans for law school fell through when I came to the realization that I would not be happy in a career that I found uncreative and boring. I knew that it is impossible to navigate through life without a clear sense of direction because the tide will push you farther and farther off track from where you ultimately want to be.

Finally, after receiving some good advice but mostly conflicting opinions, I realized that the only way I could gain clarity was to rely solely on myself… and look within.

What I'm doing now

After I discovered what I truly wanted, and understood what I truly enjoyed doing, I decided to pursue a career in marketing and public relations.

I made a chart of my goals and created a step-by-step outline of the things that I needed to accomplish in order to actualize my goal. I decided to join a club on campus and run for a public relations position in order to gain relevant experience in the public relations field while still in university. I am now a member of AIESEC where I have the chance to gain real world experience while finishing my last semester of university. AIESEC is one of the world's largest student-run organizations that excels in bridging the gap between the classroom and the workplace. As a public relations coordinator in AIESEC, I have the opportunity to connect with media companies on a frequent basis, and have already developed a clear understanding and appreciation of the public relations field. I can proudly say that after several months of confusion and uncertainty, I am now gaining valuable experience that is in complete alignment with my goal.

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Russia

Bombings prompt security questions

Russian officials gave mixed signals Tuesday over whether they needed to increase security at key sporting events like the World Athletics Championship and the 2014 Winter Olympics after explosions at the Boston Marathon killed three people and wounded more than 170.

The track and field championship, which takes place in Moscow on Aug. 10 to 18, is seen as a dress rehearsal for the 2014 Olympic games in the Black Sea resort of Sochi.

One top sports official said security was being beefed up but others said Russia's take on Olympic security was already very robust.

THE ASSOCIATED PRESS

NHL

Caps beat Leafs for 8th straight win

Alex Ovechkin scored his NHL-leading 28th goal, and the Washington Capitals enjoyed a rare feeling of dominance outside their division Tuesday night, winning their eighth straight with a 5-1 victory over the Toronto Maple Leafs.

Jack Hillen, Martin Erat, Troy Brouwer and Marcus Johansson also scored, and Braden Holtby made 29 saves for the Southeast Division-leading Capitals.

The Capitals have moved into playoff position by feasting on the weak Southeast, going 14-3 within the division, but they entered Tuesday's game just 9-14-2 against the rest of the Eastern Conference. All but two of those nine wins were by one goal.

THE ASSOCIATED PRESS

The Northern Ontario rink of Ryan Fry, left, skip Brad Jacobs, E.J. Harnden and Ryan Harnden celebrate a victory at the World Men's Curling Championship in Victoria earlier this month. The team won silver and will participate in this week's Players' Championship. JONATHAN HAYWARD/THE CANADIAN PRESS

Bull's-eye on Jacobs' back at last bonspiel

Curling. Participants at Players' Championship out to knock national champs off their perch

As national champions, Ryan Fry knows the opposition will be gunning to beat his Northern Ontario rink at this week's Players' Championship.

He teamed with skip Brad Jacobs, second E.J. Harnden and lead Ryan Harnden to win their first Tim Hortons Brier last month and they followed it up with a silver medal at the world championship. They're well-rested now after a whirlwind month and will be one of the favourites at this week's season-ending Players' Championship in Toronto.

Fry said the Sault Ste. Marie, Ont.-based teammates was overwhelmed by the local support and love from curling fans across the country during their recent run in the spotlight. He added they also learned a lot from the experience.

"You've got to check your egos a little bit more, which I think we all learned how to do," he said after a practice session Tuesday. "You just learn how little of a margin for error there is to competing against teams that want something as badly as you do."

The Canadians dropped an 8-6 decision to Sweden's Niklas Edin in the championship game in Victoria. It's always tough to settle for silver, but Fry is confident his rink can use it as a building block for the future.

"In a lot of the cash tournaments we play, you're not getting the best games out of everyone all the time," he said. "But when you go to a world championship and you see the desire these guys have just to beat Canada, it's motivating for me just to be able to know that you have to be at that high of a level to give yourselves a shot to ultimately be the best team in the world for a year." THE CANADIAN PRESS

Prize money

A combined event purse of $200,000 is on the line at this week's bonspiel. An additional Grand Slam combined bonus of $200,000 will also be awarded.

Trestman wastes no time at first Bears mini-camp

Chicago Bears head coach Marc Trestman directs his team on Tuesday in Lake Forest, Ill. THE ASSOCIATED PRESS

Everything moved faster for Jay Cutler and the Chicago Bears offence Tuesday at mini-camp practice — including the new coach.

The new, up-tempo offence came complete with Marc Trestman running all over the field, up and down the sidelines, to get his point across to players in a high-energy style the Bears aren't used to seeing from their head coach.

"That's just how I have been doing it," said Trestman, who came to the Bears from the CFL's Montreal Alouettes after the firing of Lovie Smith. "I like football and like moving around and making sure people are running to the ball and that is kind of how I have done it."

Cutler liked the new approach.

"It was faster," he said. "We were in and out of the huddle. I think we wanted to try to create as game-like an atmosphere as possible."

The changes included shorter drops by Cutler to throw, the ball getting out quicker and less complicated pass routes. It's just the opposite of the passing game the Bears used the last three years, and Cutler seemed to like it. It could mean fewer sacks for a quarterback among the most harried in the NFL the last three seasons.

"We're going to protect the quarterback and get rid of the ball as fast as we can," Cutler said. "We want to get the ball to the playmakers. That's where we're going to make our money, getting them the ball fast and letting them make plays for us."

THE ASSOCIATED PRESS

Quoted

"You can't get ahead of yourself. We've got to win games to sign those contracts." Bears QB Jay Cutler, who is in a contract year

4 SPORTS

DRIVE

Your automobile sacrifices itself to save your life

Crashes. Engineers need to balance safety with handling and durability

JIL MCINTOSH
drive@metronews.ca

All of Subaru's 2013 models are considered Top Safety Picks by the U.S. IIHS, including this XV Crosstrek. JIL MCINTOSH/METRO

In a crash, there is a major difference between an old car and a newer one. The old car is rigid and will stand up to the collision, while the new car will crumple up.

Many people think it's because newer cars are flimsy, but that's not the case. Instead, unlike the old car, it's folding up to help save your life.

"Having a very strong, rigid body throughout means that any impact is transmitted directly into the vehicle and the occupants," says Ted Lalka, vice-president of product planning and marketing for Subaru Canada. "When panels flex and absorb the impact, it reduces the force of the impact to the occupants inside. Essentially, the vehicle is sacrificing itself to protect the occupants."

An auto crash actually involves three separate collisions. The initial one is when the vehicle hits something. The second is when the occupants are thrown around, hitting surfaces and objects inside the car. The third is when their bodies come to a stop, such as when the seat belt tightens, but their internal organs continue their trajectory until they slam into muscle or bones. This can cause serious injury or death.

If the car crushes as it's hit, much of that deadly crash energy is dissipated before it gets to the passenger compartment. The car contains "crumple zones" that progressively scrunch in around the cabin, which must remain sturdy and intact.

Automakers use different techniques to achieve this level of safety. "Subaru starts off with a ring-shaped body structure, made of high-tensile steel, which provides strength and protection," Lalka says. "Essentially, it's a roll cage around the entire occupant area. The body panels can then be made out of lighter-weight sheet metal, which weighs less and results in better fuel economy, and the force of the impact is absorbed by these panels.

"The other key is that the door openings must be functional even after a severe crash, so you can get out."

While the front end provides a long, larger area for crumpling, the vehicle's sides, and the abbreviated rear ends on hatchbacks and SUVs, are challenging. Engineers use beams and ring structures that channel the energy to the floor and roof, away from the passenger cabin.

The engineers also have to balance the car's attributes. While it needs to crumple, it can't be too flexible or it won't handle properly, and it has to have enough rigidity that a minor fender-bender won't require major repairs.

Safer than ever

- Although there are more cars on the road than ever before, crash fatality rates have dropped consistently through the years, primarily due to better car design.

A martyr on wheels

"When panels flex and absorb the impact, it reduces the force of the impact to the occupants inside. Essentially, the vehicle is sacrificing itself to protect the occupants."

Ted Lalka, vice-president of product planning and marketing for Subaru Canada
On the benefit of modern cars that absorb the impact of a collision.

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Horoscopes

♈ Aries
March 21 - April 20
Your workload is about to go through the roof but don't worry about it. You have nothing to fear. Somehow, you will find the time and the energy to get everything done that has to be done.

♉ Taurus
April 21 - May 21
You need to give yourself permission to be yourself. Identify what it is you most want to do in life then go for it with all your physical, mental and emotional might.

♊ Gemini
May 22 - June 21
Family matters will be in your mind today and there may be some kind of drama you have to resolve. Don't worry, you will cope with ease. Loved ones will respect your decisions, but first you've got to make them.

♋ Cancer
June 22 - July 23
If you feel like letting your hair down and doing something out of the ordinary then go right ahead. Who cares about the cost? Life is for living and loving and laughing.

♌ Leo
July 24 - Aug. 23
Before you start work on a new enterprise, make sure the foundations you've put in place are solid. You are going to be doing a lot of building over the next few weeks. You don't want to risk it all falling down.

♍ Virgo
Aug. 24 - Sept. 23
No challenge is too big for you. The next four weeks are going to be special, very special. How do you make the most of them? Just be yourself. You're special after all.

♎ Libra
Sept. 24 - Oct. 23
You may be tempted to ignore the world but is that really the best thing to do? Whatever it is that has put you in such a bad mood, don't let it win. Come out fighting today.

♏ Scorpio
Oct. 24 - Nov. 22
There comes a time when, no matter how good you are at working on your own, you must join forces with others. The planets indicate it's time to get involved in a project that involves hundreds of people.

♐ Sagittarius
Nov. 23 - Dec. 21
You need to slow down and ask yourself what it is you are trying to achieve. The time is right to move on and maybe move up. But first, convince yourself it's what you want.

♑ Capricorn
Dec. 22 - Jan. 20
Do you feel trapped and unable to break out of a rut? The planets suggest you will soon be on the move again, and once you get going, you'll soon reach top speed.

♒ Aquarius
Jan. 21 - Feb. 19
You are worrying about something that does not need worrying about. Once you realize that, you will be able to break out of the cycle of despair that currently holds you. Believe in yourself.

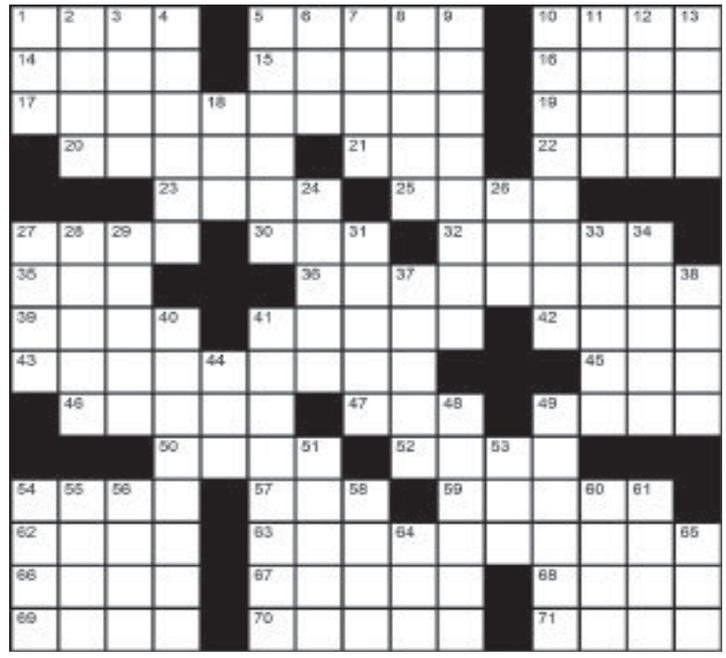
♓ Pisces
Feb. 20 - March 20
You will get the opportunity over the next few days to build bridges to people you respect but who, for some reason, you are not as close to as you once were. Don't let this chance go.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



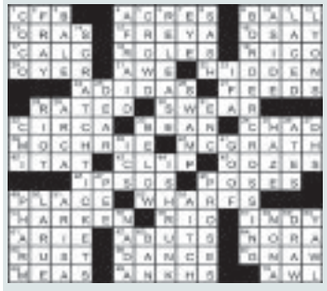
Across

1. Pre-game ritual, Coin __
5. Showbiz legend Ms. Channing
10. Excellent, slang-style
14. Purpose
15. Brightly-coloured lizard
16. Bathroom's door hook garment
17. Rock star's transport: 2 wds.
19. Earthen stewing pot
20. Like the empty wallet's money
21. Back then
22. Reuben requirements
23. Rock 'n' __
25. Prefix to 'matic'
27. The basics in early learning
30. 30th, sometimes, as per calendars [acronym]
32. "Understood."
35. Victoria's Secret item
36. Western city
39. __ lettuce
41. Place atop: 2 wds.
42. Comfort
43. Mark Burnett's realm as a producer: 2 wds.
45. Chip __
46. Prefix to 'ide' (Cavities fighter)
47. But, to Brutus
49. Actors Mr. Olin and Mr. Watanabe
50. Times
52. The Dalai __
54. Topic, for short
57. 'Verd' add-on (Jury's finding)
59. Gloria Swanson role, __ Desmond
62. Legal bargaining
63. Jacques Plante contribution to hockey: 2 wds.
66. Greenly admire
67. Aches
68. Region
69. Manners
70. Garbage
71. Off the dragon

Down

1. Recipe measurement, for short
2. Canoe implements
3. Jump rope
4. Cuts ties
5. Ranch sight
6. 'Pass' suffix
7. Aristocrat of India
8. __-3 fatty acids
9. CN Tower, English = __ __ _ _, French
10. Postpone, as Parliament
11. Hallowed
12. Willing's partner
13. Red Rose products
18. "I'd like to buy __ _." ...said the "Wheel of Fortune" contestant
24. Thurston Howell III's wife
26. Also
27. For short, for short
28. "The Pelican __" (1993)
29. Secretly conspiring group
31. Mr. Damon's
33. Duck
34. Amber, for example
37. Author's creation
38. Agents for performers, for short
40. Canada's only MLB team: 2 wds.
41. Bryan Adams song: "__ from the Heart"
44. 'Super' suffix
48. Pastry
49. Destinies
51. Cleanse thoroughly
53. Canadian singer/songwriter Mr. Berg
54. Let stuff fly
55. Common skeleton part
56. Bunch
58. Scarlett's home
60. Crumbly soil
61. On the briny
64. Some officers, for short
65. Steppenwolf lead singer, John __

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

1			3	8	7			6
					9	7		
	7	5	4			9		
8	6		1		3	5		7
4								2
5		7	2		4		3	8
		6			8	3	2	
		1	7					
2			5	1	6			9

Yesterday's Sudoku

8	2	6	4	7	3	1	9	5
9	4	3	5	6	1	7	2	8
1	5	7	2	8	9	6	3	4
3	9	2	8	1	6	5	4	7
5	6	8	7	9	4	3	1	2
4	7	1	3	2	5	9	8	6
2	8	9	1	5	7	4	6	3
7	1	4	6	3	2	8	5	9
6	3	5	9	4	8	2	7	1

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